

*Psychodynamic Practice* in association with the  
Department of Psychosocial Studies, Birkbeck College, University of London  
announce

## **The 2010 Ellen Noonan Annual Counselling Lecture**

*What makes for good supervision and whose responsibility is it anyway?*

**Speaker: Liz Omand**

**Liz Omand** is a psychotherapist and supervisor in private practice, with experience of working in a variety of settings. She is a tutor on the MSc in Psychodynamic Counselling at Birkbeck College, University of London. She has a long standing interest in supervision, and is currently the co-ordinator of the British Association of Psychotherapists' course on Developing Supervision Skills.

**The lecture:** Supervision plays a key role in the training and development of counsellors and psychotherapists, but although it is often enjoyable and rewarding it can also engender anxiety and conflict, Understanding its inherent complexities-both practical and emotional- can help both supervisor and supervisee work more collaboratively on the task of understanding and helping the client, as well as helping the supervisee develop as a competent practitioner. Drawing primarily on a psychodynamic perspective, the lecture will consider the respective contributions of the supervisor and supervisee through an examination of the process of supervision.

**Tuesday 6th July 2010, 6.30pm - 8.00pm**  
**Lecture followed by refreshments**  
**Clore Management Centre Lecture Theatre (BO1)**  
**Torrington Square**  
**London WC1**

**All welcome to attend – to book a place RSVP**

**Please email Rafia Aktar [r.aktar@bbk.ac.uk](mailto:r.aktar@bbk.ac.uk) or phone 020 3073 8011**